

Redesigning food aid at a micro level to reduce food waste and food insecurity ~ Carli Evans

Interview quotes

I dropped him off to school for half EIGHT and then I'm round the corner so there's no point going home. So I'll drop him off and you always get the first pick.

They do quite a lot. They have like extra support, people come in and help out with things and they're really good for us.

Like, because the kids with their autism can be quite fussy, but then I sort of taught like my oldest, like, if it's a best before, smell it, check it, things like that, it's fine.

sometimes like they're only eating certain things and then I have to cook separate for like myself and things like that so like it would be something I'd like and I have to pick and choose between what they would eat and what I would eat sort of thing and I have to put them first so then I go without so yeah it would be good if we could have those extras sometimes.

On fruit - Because you can make things with it, like crumbles, things like that, like you've had berries and fruits in there before, they've had massive chunks of rhubarb before, and they were like, nobody ever needed to take it, because it's like you don't know what to do with it, like you use your brain, you can make a crumble or like a pie or fruit, yeah, things like that, so yeah, you can do.

McDonald's stuff's so handy. All right, you've got like the kids, they're autistic kids, they only eat certain foods ... Oh, it's brilliant.

sometimes there'll be like the big bag of chicken and then there'll be something else that you also like, and you've got to like pick and choose between them.